

**Year 6 Curriculum subject plan
PSHE**

YEAR 6	AUTUMN		SPRING		SUMMER	
	Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
<p>Relationships <i>Children will be taught:</i></p> <ul style="list-style-type: none"> • To develop strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves. • That differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender, sexual identify, sexual orientation, and disability. • To recognise and challenge stereotypes. • To judge what kind of physical contact is acceptable or unacceptable and how to respond. • To be aware of different types of relationship, including those between acquaintances, friends, relatives and families. <p>Health and Wellbeing <i>Children will be taught:</i></p> <ul style="list-style-type: none"> • To recognise how images in the media do not always reflect reality and can affect how people feel about themselves. • That pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media. • What positively and negatively affects their physical, mental and emotional health (including the media). • How their body will, and emotions may, change as they approach puberty and move through puberty. • To reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals. • Which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety, that some are legal, some are restricted, and some are legal to own, use and supply to others. • To recognise their increasing independence brings increased responsibility to keep themselves and others safe. • About taking care of their body, understanding that they have autonomy and the right to protect their body from inappropriate and unwanted contact, their body autonomy and rights; understanding that actions such as Female Genital Mutilation (FGM) constitute abuse, are a crime and how to get support if they have fears for themselves or their peers. • About change, including transitions (between key stages and schools), loss, separation, divorce and bereavement. <p>Living in the Wider World <i>Children will be taught:</i></p>						

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| | <ul style="list-style-type: none">• To research, discuss and debate topical issues, problems and events concerning health and wellbeing and offer their recommendations to appropriate people.• To know that there are some cultural practices which are against British Law and universal human rights, such as FGM.• To appreciate the range of national, regional, religious and ethnic identities in the UK.• To develop an initial understanding of the concepts of 'interest', 'loan', 'debt', and 'tax' (e.g. their contribution to society through the payment of VAT). |
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