

**Year 4 Curriculum subject plan
PSHE**

YEAR 4	AUTUMN		SPRING		SUMMER	
	Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
	<p>Relationships <i>Children will be taught:</i></p> <ul style="list-style-type: none"> • To be aware of different types of relationships, including those between acquaintances, friends, relatives and families. • To judge what kind of physical contact is acceptable or unacceptable and how to respond. • The concept of ‘keeping something confidential or secret’, when we should or should not agree to this and when it is right to ‘break a confidence’ or ‘share a secret’. • To recognise and challenge stereotypes. • To recognise their increasing independence brings increased responsibility to keep themselves and others safe. • That civil partnerships and marriage are examples of stable, loving relationships and a public demonstration of the commitment made between two people who love and care for each other and want to spend their lives together and who are of the legal age to make that commitment. • To be aware that marriage is a commitment freely entered into by both people, that no one should enter into a marriage if they don’t absolutely want to do so. <p>Health and Wellbeing <i>Children will be taught:</i></p> <ul style="list-style-type: none"> • To deepen their understanding of risk by recognising, predicting and assessing risks in different situations and deciding how to manage them responsibly (including sensible road use and risks in the local environment) and to use this as an opportunity to build resilience. • What is meant by the term ‘habit’ and why habits can be hard to change. • About people who are responsible for helping them stay healthy and safe. • To recognise opportunities to make their own choices about food, what might influence their choices and the benefits of eating a balanced diet. <p>Living in the Wider World <i>Children will be taught:</i></p> <ul style="list-style-type: none"> • To realise the consequences of anti-social and aggressive behaviours such as bullying and discrimination of individuals and communities. 					

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| | <ul style="list-style-type: none">• That there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment.• About the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer. |
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