

Dear parents and carers,

Tomorrow, year 5 will be tasting lassi and dahl as part of their English lesson.

Please see the list of ingredients that will be used in these dishes:

Lassi (drink)

- Ice
- Yoghurt
- Milk
- Sugar
- Water
- Mango
- Cardamom

Dahl

- Lentils
- Onions
- Garlic
- Garam masala
- Turmeric
- Tinned tomatoes
- Coconut milk
- Vegetable stock
- Basmati rice

If your child is unable to taste any of these ingredients, then please let either the office or Mrs Hallett know.

Many Thanks
School Office